

NATUROPATHY YOGA PROGRAM

RAISE YOUR CAREER WITH GLOBALLY ACCLAIMED INSTITUTE



NATUROPATHY AND YOGA PROGRAM

Global Institute of Health Science is a pioneer in health science education especially in distance & online education. Global Institute of Health Science is an ISO 21001:2018 Certified health science Institute & globally acclaimed, also certified with copyright approval from IPR Government of INDIA. GIHS have international certification from UASL UK for Quality Control Management System.

WHY CHOOSE US

- ⊕ BRINGING EXCELLENCE TO HEALTH PROFESSIONALS
- ⊕ 10+ YEARS OF EXPERIENCE WITH INTERNATIONAL EXPOSURE
- ⊕ INTERNATIONAL ACLAIMED WITH ISO & GOVT APPROVED
- ⊕ LIFETIME FREE PERSONALIZED TUTORING FOR SUCCESS

Naturopathy and Yoga course and Program is developed to update knowledge and practice of following definite physical, chemical, bio-logical, mental and spiritual laws for the restoration and maintenance of health and correction of bodily disorders without the use of poisonous drugs.

Naturopathy is a system of medicine which treats diseases by natural means and methods. It is simple, easily available and a cheap system of medicine. Nature Cure is not only a therapeutic science but also a way of life in tune with the internal vital life-giving forces. Naturopathy is based on the natural laws of health and disease. Naturopathy is also known as the New Science of Healing, drug less healing, healing from within, and Natural Methods.

Overall, the job growth in the field of yogic science is positive and fast-paced as the world is becoming more organic.



SYLLABUS

NATUROPATHY AND YOGA

- Introduction to Naturopathy & Yoga
- Anatomy
- Physiology
- Philosophy of Naturopathy
- Philosophy of Yoga
- Techniques & Practices in Yoga
- Practice of Naturopathy
- Implication of Naturopathy & Yoga in diseases
- Communication Skills
- Hydrotherapy & Mud Therapy
- Fasting, Nutrition & Dietetics
- Massage, Acupressure and Reflexology
- Hydrotherapy & Mud Therapy
- Principles & Practice of Yoga Therapy
- Chromo & Magneto Therapy & Aromatherapy
- Psychology & Counselling
- Manipulative Therapy
- Yoga Therapy Techniques
- Teaching Yoga Practices to Healthy People
- Nursing Care & First Aid-2
- Public Health & Hygiene, Naturopathy Hospital Work, Records & Medico-legal
- Aspects in Practice
- Physiotherapy & Fitness
- Nursing Care & First Aid



ADMISSION PROCEDURE

- Enrollment online: www.gihsonline.com / Apply Online
- Online Access for Study Content within 48 Hours of enrollment
- Shipping of books with Latest updates with every enrollment (optional)
- Will Assign Personalized Professional Expert for Lifetime with no COST
- Online exam and Project submission
- Will award and ship two international certificates

FEES DETAILS (All modes of payment available)

- Post Graduate Diploma Program (One Year) – 32000/- INR & Fees for International Candidates – 699 \$ USD
- Fast Track PG Diploma Program (4 Months) – 36000/- INR & Fees for International Candidates – 750 \$ USD

STUDY METHODOLOGY

- Freelance method of study
- Read the books
- Make notes of your queries
- Need to mail or contact to our expert
- Experts will resolve... via mail or via call or Can arrange Session based on your queries
- Experts will support for lifetime to raise your knowledge & Expertise
- Our content is totally based on live cases and Industries best practices

MODE OF EXAMS

- Login Details for online examinations after completion of the duration.
- 7 days to appear in online exams.
- Examination pattern would be Multiple Choice question MCQ
- PowerPoint project of minimum 30 pages of your own selected topic
- Successful Candidates would award with two certifications (DEGREE & TRANSCRIPTIONAL Degree)

PLACEMENT SUPPORT

Will Share your profile globally for career growth. With the support of GIHS programs more than 2000 professionals are working in healthcare industry and having strong student & professional base in India, UK, USA, Canada, UAE, Russia, Australia and more.



Global Institute Of Health Science

Certificate

This is to certify that

ASPANDAD SAGAR

completed the one year programme of

Post Graduate Diploma in

Naturopathy & Yoga Management

offered by

Global Institute of Health Science.

during August 2020 to July 2021

Upon successful completion of the programme

POST GRADUATE DIPLOMA

IN

NATUROPATHY & YOGA MANAGEMENT

is awarded to him/her this day the 12th August 2021.



MHRD (Higher Education)
Reg No: SW - 12032/2018
CR Act 1957



ISO 21001:2018

Cert. ID :608e9889a1ab79

Academic Head



Global Institute Of Health Science

POST GRADUATE DIPLOMA
IN
Naturopathy & Yoga Management
(August 2020 to July 2021)

ASPANDAD SAGAR
GRADE SHEET & TRANSCRIPT

Introduction to Naturopathy & Yoga | Anatomy | Physiology
Philosophy of Naturopathy | Philosophy of Yoga
Techniques & Practices In Yoga | Practice of Naturopathy
Implication of Naturopathy & Yoga in Diseases | Communication Skills
Hydrotherapy & Mud Therapy | Fasting, Nutrition & Dietetics
Massage, Acupressure and Reflexology | Hydrotherapy & Mud Therapy
Principles & Practice of Yoga Therapy | Chromo & Magneto Therapy & Aromatherapy
Psychology & Counselling | Manipulative Therapy
Yoga Therapy Techniques | Teaching Yoga Practices to Healthy People
Public Health & Hygiene, Naturopathy Hospital Work, Records & Medico-legal
Aspects in Practice | Nursing Care & First Aid | Physiotherapy & Fitness
Management of Clinical and Supportive Services
Quality Management – NABH & JCI | Management of Quality

Examination: 45/50

Project Work: 40/50

**Total: 85/100
GRADE: A+**



ISO 21001:2018



MHRD (Higher Education)
Reg No: SW - 12032/2018
CR Act 1957



Academic Head

12/08/2021

Cert. ID :608e999a1ab79

Verify Certification: <https://www.gihsonline.com/verify-certification/> | info@gihsonline.com | +91- 9033768588

INDIA | UK | AUSTRALIA | RUSSIA | CANADA | USA | NEW-ZEALAND | UAE | AFRICA

GIHS ADVANTAGE

GIHS provides best courses helps to get the start up in the healthcare field. These courses are ad-hoc to professional career and provides the additional benefit to be the part of an organization.

OTHER PROGRAMS

Health Management Programs

• <u>Health Informatics</u>	• <u>Hospital Administration</u>
• <u>Pharma Management</u>	• <u>Hospital Planning & Management</u>
• <u>Healthcare Management</u>	• <u>Nursing Management</u>
• <u>Public Health Administration</u>	• <u>Health Insurance</u>
• <u>Blood Banking Management</u>	• <u>Medico-Legal Systems</u>
• <u>Medical Laboratory Technology</u>	• <u>Medical Radiology Technology</u>
• <u>Quality management for Hospital and healthcare organizations</u>	
• <u>Disaster management for hospitals and healthcare organizations</u>	
• <u>Hospital Infection Control & Patient Safety</u>	

Clinical Research Programs

• <u>Clinical Research & Quality Assurance GCP Audits / Inspections</u>	• <u>Pharmacovigilance & Medical/Scientific Writings</u>
• <u>Clinical Research & Pharmacovigilance</u>	• <u>Clinical Data Management & SAS</u>
• <u>Regulatory affairs IPR & Patent</u>	• <u>Clinical Trials Management</u>

Allied Medical Programs

• <u>Mother & Child Health</u>	• <u>Mental Health & Addictions</u>
• <u>Nutrition & Dietetics</u>	• <u>Medical Transcription</u>
• <u>Pregnancy Education</u>	• <u>Gynaecology & Obstetrics</u>
• <u>Electroencephalogram (EEG)</u>	• <u>Nuclear Medicine Technology</u>
• <u>Anaesthesia Management</u>	• <u>First AID (CPR/Emergency Care)</u>

Environment Health & Safety Programs

• <u>Industrial Health & Hygiene</u>	• <u>Environment Health Safety & RM</u>
• <u>Occupational Health & Safety</u>	• <u>Industrial Safety</u>
• <u>Food Safety & Quality Management</u>	• <u>Oil & Gas Safety Engineering</u>
• <u>Process Safety & Engineering</u>	• <u>Fire & Industrial Safety MGT</u>

Ayurveda & Homeopathic Programs

• <u>Panchkarma: Ayurveda</u>	• <u>Garbhanskar: Ayurveda</u>
• <u>Naturopathy & Yoga</u>	• <u>Siddha: Medicine</u>
• <u>Ksharsutra: Ayurveda</u>	• <u>Classical Homeopathy</u>
• <u>Materia Medica: Homeopathy</u>	• <u>Repertory: Homeopathy</u>

<https://www.youtube.com/@globalinstituteofhealthscience/videos>